

1st INTERNATIONAL MTBO YOUTH & JUNIOR TRAINING CAMP

Czech Republic

Centre

Plasy – 25 km north of Plzen, <https://mapy.cz/s/1jHbX>

Organizers

Ondrej Hasek, founder of Czech youth and junior MTBO team

Veronika Kubinova, 7 times gold JWOC medalist

Jan Hasek, 2times gold, 1silver youth EYMTBOC and silver medalist of JWOC

Accommodation and meals

There are 4-6 bed lodges in the centre, max. capacity 350 beds

Meals will be organized according to schedule, menu typical Czech

Who is invited?

- Talented 15-20 year-old athletes who are interested in MTBO and have experience in this sport
- Coaches of teams

Target

Training, socializing, motivation, fun, making friends across the world ...

Time schedule

➤ **Sat 1. 7. 2017**

Arrival, we are beginning by dinner

Un-official training – “bike games”

Training camp opening, team introduction and socializing, games

➤ **Sun 2. 7. 2017**

Morning warm-up, breakfast

Transport to Centre of trainings in Plzen

Trainings I and II, reachable from one place (lunch - supermarket), groups divided in two parts

After dinner program (team building, secret of MTBO)

➤ **Mon 3. 7. 2017**

Morning warm-up, breakfast

Transport to Centre of trainings in Plzen (lunch – there is a restaurant), reachable from one point

Trainings III and IV, groups divided in two parts

After dinner program (team games, party)

➤ **Tue 4. 7. 2017**

Morning warm-up, breakfast

Training V - Team spirit (super sprint of teams in campsite)

Lunch in Plasy, training camp closure

"TVO" (training free time)

The dinner is already part of MTBO 5days in responsibility of individual teams.

➤ **Wed 5. 7. 2017**

MTBO 5days starts..... more info see: <http://mtbo5days.eu/>

Participation fee

...is under negotiation with sponsors :-), will be published later

Will include: parking, accommodation, food (breakfasts and dinners), maps, trainings, mapholder borrowing,...

Mapholders

Possibility to borrow or buy from AUTOPILOT in the campsite

Transport to training centers

By team's cars. We **don't** provide collective transport.

Preliminary registrations (interest)

We would be very grateful if you could give us a preliminary guess of the number of your country's participants till 12. 2. 2017 just via e-mail to Hasa.

Deadline of registrations

31. 5. 2017

Information

Contact person: Ondřej Hašek (hasa69@seznam.cz)

Veronika Kubínová (veronika.kubinova97@gmail.com)

Jan Hašek (hasan58@seznam.cz)

On-line media

- Facebook <https://www.facebook.com/events/1419079158125852>
- Website MTBO Commission
www.mtbo-commission.com/young-people.html

